

2012 A & R Memorial Weightlifting Championships

Hosted by the EMS Weightlifting Club – 4480 Vimy Road, Port Alberni, B.C.
Saturday February 18, 2012

SCHEDULE*

Session #1	48 – +75kg Women	Weigh-In @ 8:30 am	Competition @ 10:30 am
Session #2	56 – 77kg Men	Weigh-In @ 10:30 am	Competition @ 12:30 pm
Session #3	85 – +105kg Men	Weigh-In @ 12:30 pm	Competition @ 2:30 pm

*Schedule subject to change, depending on distribution of entries received

Entry Form

Awards:	1 st , 2 nd , & 3 rd Place per category, Best Lifters – Senior, Junior & Juvenile (Male and Female), Best Team (6 Male – 4 Female). Coaches must hand in team list prior to competition start.
Fee:	\$40
Entry Deadline:	February 4, 2012. Entries received after deadline will be \$60.
Mail Entries to:	BCWA, 5698 9A Avenue, Delta, BC, V4L 1B7
Make cheque payable to:	B.C. Weightlifting Association (Non-refundable)
Rules:	The latest IWF rules will govern the competition Note: Subject to Doping Controls

NOTE: Athletes, Coaches, Officials must be members in Good Standing with BCWA. **2012 membership fees must be paid prior to competing.** Athletes must have met provincial qualifying standards.

Name:	
Address:	
Phone:	
Email (required):	

Please Print Clearly

Male: <input type="checkbox"/> Female: <input type="checkbox"/>	
Club-must be registered:	
Weight Category: Please circle one weight category	Women: 48 / 53 / 58 / 63 / 69 / 75 / +75 Men: 56 / 62 / 69 / 77 / 85 / 94 / 105 / +105
Date of Birth: (Year/Month/Day)	
Best Competition Total:	

In consideration of my entry in these B.C. Weightlifting Championships, I hereby waive all rights and claims against the B.C. Weightlifting Association (BCWA), EMS Weightlifting Club and The City of Port Alberni, competition directors, employees, volunteers, and any sponsors of the competition for any injuries I may suffer at the above advertised competition.

Competitor Signature: _____

Signature of Parent or Guardian:

(If competitor is under 19 years of age) _____